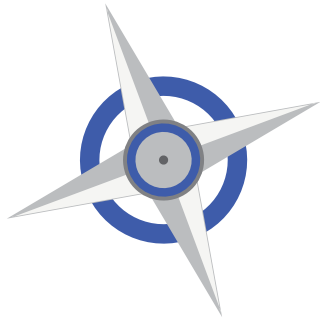




**For use with these
digital badge
programs:**

- Self-Care Formula Explorer

Badge Planner

The following pages can be used as a planner for the Enrichment Project digital badge program

Self-Care Formula Explorer

The planner allows you to see the steps of the badge program at a glance. You can write your thoughts or pieces you want to do to complete that step.

In addition, there are two notes pages. The first is a printable lined page in case you wish to handwrite your notes. The second is a blank page for sketches or a mind map if you work better that way.

I hope this reference is helpful to you.

Check out larajla's Enrichment Project to start your own adventure.

Membership is free to download badge programs and basic supplements.



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[BADGE PLANNER]

Self-Care Formula Explorer



For use with these digital badge programs:

- Self-Care Formula Explorer

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Enrichment Project

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Steps

- ☐ 1. Formula.
-
- ☐ 2. Allergies and sensitivities.
-
- ☐ 3. Reduce toxins.
-
- ☐ 4. Self-care.
-
- ☐ 5. Share.
-
- ☐ 6. Bath / scrubs.
-

LET'S MIX IT!

[BADGE PLANNER]

Self-Care Formula Explorer



- ☐ 7. Deodorant.
-
- ☐ 8. Feminine hygiene.
-
- ☐ 9. Hair.
-
- ☐ 10. Lotion / moisturizer.
-
- ☐ 11. Makeup.
-
- ☐ 12. Oral hygiene.
-

[BADGE PLANNER]

Self-Care Formula Explorer



- ☐ 13. **Perfumes.**
-
- ☐ 14. **More.**
-

Self-Care Formula Explorer

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Mind Map / Notes



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Self-Care Formula Explorer



Enrichment Project Resources

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Non-Enrichment Project Resources

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