

DIVISIONS

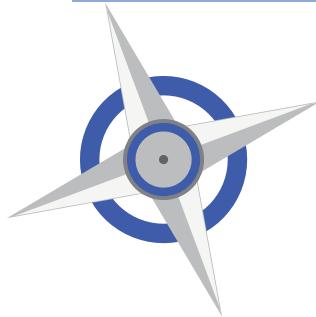
- Card
- Challenge
- Craft
- Game / Activity
- Group
- Holiday
- Ideas
- Online
- Song
- SWAP
- Theme
- Top 10
- Type of
- Words
- Various / Other
- _____

Random Acts of Kindness – Easy and Low-Cost Ideas

- Add change to a vending machine
- Buy coffee for a stranger
- Buy coffee, tea, or hot chocolate for a teacher
- Buy extra school supplies for a teacher
- Buy ice cream for a child
- Call a friend or family member you haven't spoken to recently
- Color a picture for someone
- Deliver meals
- Donate coloring books or sheets to a children's hospital, doctor's office, dentist's office, etc.
- Donate food to a food bank (not expired)
- Donate to your local charity shop
- Donate to your local favorite charity
- Cook dinner for a neighbor
- Cook dinner for your family
- Create gift boxes for soldiers
- Feed the birds
- Gift a homemade blanket or scarf
- Give a chocolate bar to someone who needs it
- Give blood
- Give cards to sick children
- Give lunchbox notes
- Give someone a gift card
- Give the bus driver a thank you card
- Give valentines to everyone in your class
- Give your teacher flowers
- Hand out flowers to strangers
- Hand out notes with compliments
- Help someone look for a job
- Hide money for strangers to find
- Invite your friend to a class / workshop and pay for it
- Invite your friend to a movie and pay for it
- Leave a bucket of tennis balls at a dog park
- Leave a container of bubbles, hula hoop, or other inexpensive toy at a park with a note for the finder
- Leave a copy of your favorite book in a public place with a note in it
- Leave a generous tip
- Leave a pack of baby wipes on a baby changing station
- Leave a thank you note
- Leave containers of bird seed so people can feed the birds
- Leave happy notes around randomly
- Leave pool toys at the pool with a note for the finder
- Leave quarters at the laundromat
- Leave reusable shopping bag in a grocery cart
- Leave sunscreen and kids' sunglasses at the beach
- Leave wishing pennies by a fountain

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- Make a bracelet for a friend
- Make and donate ornaments
- Make bookmarks for the library
- Make small beauty care packages for others
- Make sandwiches for the homeless
- Make wildflower / native plant seed bombs
- Mow a neighbor's lawn

- Offer a ride home
- Offer to wrap gifts
- Organize a collection to help someone in trouble

- Pack an extra lunch
- Paint and place inspiration stones
- Pass out balloons
- Pay off a school lunch account for a child
- Pay someone's library fees
- Place inspiring notes on parking lot cars
- Plant milkweed for butterflies
- Provide cold drinks on a hot day

- Make care packs of small toys, printables, and stickers
- Make playdough for a preschool or day care

- Place positive sticky notes

- Recycle crayons for preschool / day care

- Scatter wildflower / native plant seeds
- Sell items you no longer use and donate the money
- Send a care package to a family member or friend in college
- Send a packet of wildflower, vegetable, or native plant seeds to a friend
- Send a postcard to friends / family
- Share a recipe
- Share compliments with a street art sign
- Share positivity and humor with a street art sign
- Share with others
- Start a kindness jar
- Start a recycling drive
- Support a small business
- Surprise a friend with homemade cookies

- Tell someone to "keep the change"
- Treats and a thank you card for your mail carrier / bus driver
- Treats and a thank you card in your school office
- Treats and a thank you card to the police / fire station
- Tape money or add money to a parking meter

- Use a reusable garbage bag

- Wash someone's car

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