

UNBORED zine

Unbored Zine highlights different activities to get you interested to try something outside of your normal routine. Each issue has a theme, so you can select which (or all) you'd like to try.

All issues are initially released for free digitally on my blog, larajla.com. They will be available for a week before they move to my Etsy shop, larajlacreates.

larajla.com / larajlaenrich.com

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Zendoodle Patterns

Having a library of patterns to refer to when you're stuck is a good idea. This issue of Unbored zine is designed to be more of an activity book where you can put patterns. Print it out multiple times to expand your library. Each page has four areas to put doodles. You can do four different ones or show the progression over the four boxes for more complicated designs.

Check out the following sites to learn more:

- www.thoughtco.com/doodles-and-zentangles-1122983
- www.zentangle.com
- tanglepatterns.com
- doodleartclub.com

Continue your search as you may find sites that are more relevant to you.

Time to Doodle!

Zendoodle, or Zentangle®, is a process where you enter a state of flow by doodling. There are no rules. It's about drawing and relaxing.

The idea behind it is to take a shape or item and divide it into sections. Then, put a different doodled pattern in each section. Typically, the patterns are black.





















