

Pinecone Feeders

Pinecones
Peanut butter
Bird seed
String

Tie string to the pinecone and make sure it is secure. Cover pinecone with peanut butter and roll / cover in bird seed. Hang outdoors to feed the fairies feathered friends.

Rosewater

Washed rose petals (10 roses)
Distilled water

Put petals in the bottom of your pot and cover with distilled water until it is about an inch over the petals. Steam (don't boil) the petals until the color has transferred from the petals to the water (30-60 minutes). Don't forget to stir. Transfer your petals to a coffee filter lined colander and run the water through it. Gently squeeze the petals to release water and oil. Let cool completely before using or putting into containers.

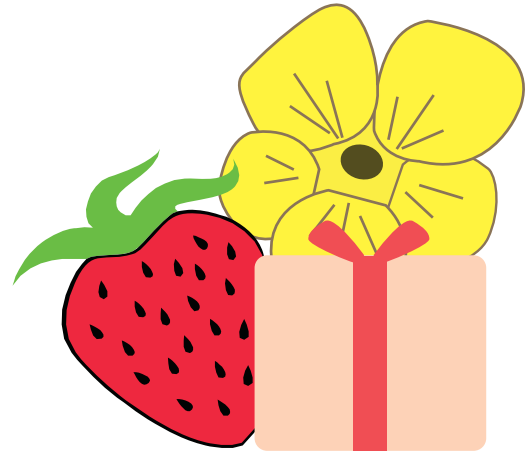


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FAIRY RECIPES



FAIRY CRAFT RECIPES

Fairy Dust

Colored sand
Glitter
Container

Pour sand and glitter into container. Make sure there is room left in the container so it can mix when you shake it.

Shake to distribute glitter.

Fairy Dust Body Gel

1/2 cup	Aloe vera gel
2 teaspoon	Glycerine
1/2 teaspoon	Glitter, superfine
10 drops	Lavender oil
2 drops	Food coloring
	Containers for holding body gel

Mix aloe vera and glycerine well. Add other ingredients and mix until glitter is well distributed.

Put into containers. This can be used immediately.

Edible Flowers

You can find and purchase edible flowers. There are many varieties. You may choose to research them and find some that you can find locally or grow your own.

Fairy Cakes

Make or purchase mini cupcakes. You can also purchase frosting and sprinkles to provide not only a snack, but allow everyone to create their own fairy cakes.

Fairy Pound Cakes

Purchase or make a pound cake. Trim the crust and cut into four squares. Put a layer of fruit jam between two pieces. Mix water and powdered sugar for a smooth frosting to pour over the cakes. You can add food color and / or flavoring to your frosting.

FAIRY FOOD RECIPES

To make fairy food easily, you can use small / miniature items and rename them as "fairy" food. This includes mini cupcakes, silver dollar pancakes, miniature cookies and candy bars, etc. Appetizers are great for fairy foods.

Fairies tend to like sweets and fresh foods. Keep this in mind when you design your fairy menu.

Cucumber Sandwiches

My girls loved these. Assemble the following items as they look below:

- Sprig of dill
- Cucumber slice
- Chive and onion cream cheese
- Mini bread slice (bottom)

Dipped Berries

Melt chocolate and dip berries into it. Refrigerate and let it set up.

Fairy Dust

To make edible fairy dust, try one of these combinations:

- Combine non-iodized coarse salt or sugar with food coloring
- Combine powdered sugar and colored sugar crystals
- Combine grated coconut and date sugar, grind into a fine powder
- Pixie dust (edible glitter) and water

They can be used on cupcakes, pancakes, etc.

Fairy Wands, Sweet

Dip pretzel in frosting. Use frosting sparingly as it will become salty from the pretzels and you probably won't want to save it. Cover with sprinkles and press them into the frosting. Put them in the refrigerator to set up.

Alternatively, instead of frosting you can melt white chocolate chips and pour it over your wands, leaving the end uncovered to handle.

Floral Sugar Scrub

Put oil (vegetable or gourmet) into sugar and stir well. The amount of oil to sugar depends on what you like. More sugar will make it abrasive and more oil will make it smooth.

Add essential oil and stir well. Read the instructions / amounts of essential oils to make sure you don't use too much. You can also add dried herbs if you'd like.

You can do this in a bowl, but if you have kids making this, I recommend zip top bags.

Fruit Feeders

Fruit (orange, cantaloupe, grapefruit, etc.)
String

Cut your fruit in half. Add string to hang it for the birds to eat.

Nectar

Use fruit punch, lemonade or any fruit juice. Add carbonated water / soda for sparkly nectar. You can also wet and place colored sugar crystals on the edges of the glass to add color.

Petit Fours

You can often purchase these pre-made in a variety of flavors. If not, cut your baked cake into cubes and dip into chocolate or frost as desired. Decorate when cool.

Shaped Sandwiches

Make your favorite type of sandwich and cut with specialty cookie cutters. Flowers, butterflies, mushrooms or any other fairy-themed cutter will work.

Sugar Wafers

Purchase non-coated sugar wafers and allow your fairies to decorate them or eat them plain.