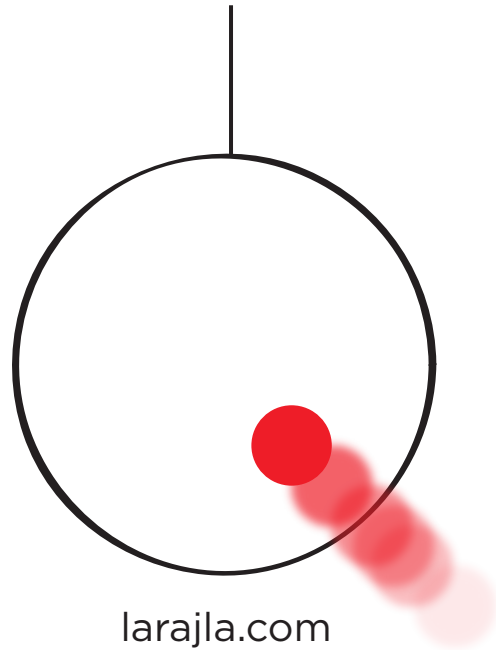


Through the Hoop



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Through the Hoop

Hand-eye coordination is required for this game. Simply put a hoop up in a doorway, tree or other area where it can swing. Throw the ball, beanbag, etc. through the hoop.

For younger players, you may want to tie the hoop off in two directions to help minimize movement. You can also use a hula hoop.

Area:

Small

Materials:

Embroidery hoop or similar round object
Small rubber balls, bean bags or balls of yarn
Piece of string
Pencil and paper, for tracking score

Rules:

Set up.

Tie the piece of string to the hoop. Attach it in a doorway so it is suspended.

Mark the floor six feet from the hoop.

Play.

Throw the "ball" five times, keeping track of how many times it goes through the hoop.

For individuals, the first to score eleven points wins.

For teams, allow everyone to throw three times and the team with the most points wins.



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