

# Sugar Scrub in a Bag



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# Sugar Scrub in a Bag

Looking for a gift for Christmas or Mother's Day? By making sugar scrub in a bag, you minimize the mess.

You can leave the scrub in the bag or put it in a decorative container of your choice. Make sure the container can be tightly sealed.

## **Materials:**

Zip top bag  
Quick absorbing baby oil  
Vitamin E oil  
Sugar  
Essential oil, 5-10 drops

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## **Steps:**

### *Sugar.*

Fill half of your bag with sugar

### *Baby oil.*

Add the quick absorbing baby oil SLOWLY.

For more abrasive scrub, use less oil. For less abrasive scrub, use more oil.

### *Vitamin E.*

Vitamin E is your skin softener. Add 2 teaspoons.

### *Essential oil.*

Add your essential oil.

### *Mix.*

Seal and mix your choice of sugar scrub. When mixed, test to see if you may want more baby oil.

