

# THE ENRICHMENT PROJECT

Badge Program

larajla.com

## GRAB 'N' GO SHEETS

### Steps

#### 1. Grab 'N' Go.

I created these sheets after doing opening activities at various leader training events. The projects needed to be short, easy to do and shared with others. The activities are based on things I've done with various troops, events, classes and individual instruction over the years. Check out one or more Grab 'N' Go sheets.

#### 2. Type: crafts.

Simple crafts are always great to have on hand. Each Grab 'N' Go sheet has a list of tools, materials and instructions. Craft items have an image sample to help you visualize the final product. This image is also linked to the Grab 'N' Go folder on Pinterest. Find a craft sheet and try one of the projects.

#### 3. Type: SWAPs.

SWAPs are small items Girl Scouts trade with each other as a reminder of an event or meeting. I also use SWAPs as embellishments to cards and mixed media projects. A collection of SWAP Grab 'N' Go sheets can be used to create an event. Find a SWAP sheet and try one of the projects.

#### 4. Type: activities.

For activity sheets, I try to stick to activities that will take most individuals no more than five minutes. These can also be used for icebreakers. Find an activity sheet and try it.

#### 5. Blog release.

[larajla.com](http://larajla.com) / [larajla.com/gng-alphabetical-list](http://larajla.com/gng-alphabetical-list)

Grab 'N' Go sheets are released on [larajla.com](http://larajla.com). They go out on alternating weeks with the badge programs. You can also go directly to the alphabetical listing of sheets released. Check out the images on Pinterest or check out the main blog to see what has been released so far.

#### 6. Scribd PDFs only.

[www.scribd.com/collections/3986289/Grab-N-Go-Sheets](http://www.scribd.com/collections/3986289/Grab-N-Go-Sheets)

Grab 'N' Go sheets in PDF format are available on Scribd. If you're interested in downloading the PDFs only, check out the Scribd collection.

#### 7. Making samples.

Making your own craft samples instead of depending on a photograph has many benefits.

- You have the experience of assembling it
- You can troubleshoot in case I miss something on the sheet
- You'll be able to answer questions when others encounter challenges
- You'll have a physical sample for them to examine

Try making a craft item from a photo and a physical item to see the difference.



### Grab 'N' Go Sheets

*Sometimes you need a craft or activity to fill some time during a meeting or event. Grab 'N' Go sheets give you the materials and basic directions on a printable sheet.*



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#### 8. **Your own collection.**

I print each Grab 'N' Go sheet and put it in a page protector with the sample so I have it ready to pull and go. Start your own collection of Grab 'N' Go sheets. You may choose to create a digital archive, folder or binder with the sheets so you have them available when you need them.

#### 9. **Create your own.**

Find the Grab 'N' Go template on Scribd. It is also linked within the alphabetical release. This template is a PDF form so you can just fill it in and save it under a unique, identifiable filename. If you prefer original Adobe Creative Suite InDesign files, please email me. Start making your own Grab 'N' Go sheet.

#### 10. **Suggestions.**

Not up for creating your own Grab 'N' Go sheets? Do you have ideas you'd like made into sheets? Post your ideas on the blog or email me directly at [larajla <at> gmail <dot> com](mailto:larajla@gmail.com).

### **Supplements**

AEP\_Supp\_GnG\_Releases.pdf

*This document will be updated periodically as additional sheets are released*

GnG\_Master\_Final.pdf

*Fill out this form to create your own Grab 'N' Go sheet or request the full InDesign files*

### **Sites to Explore**

See links in steps above.

***Check out [larajla's Enrichment Project](http://larajla.com) to start your own adventure.***